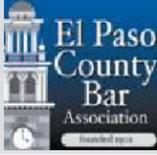


Class Name	Description	Sponsors	Date	Day	Time	Cost
<b>Hike For Life</b>	Hike for Life exists to nurture community, inspire exploration and preserve the great outdoors. Join us for monthly guided group hikes designed to be educationally-enhanced, environmentally-aware, and safety-conscious. Carpool or meet at the trailhead. Directions to trailheads are available at the front desk. <b>Jan. 9: Yucca Loop Trail; Feb. 13: Fox Run Park; March 13: Edna Mae Bennet Trail; April 10: Ute Valley Park.</b>		January 9 February 13 March 13 April 10	W W W W	12-4 12-4 12-4 12-4	\$15 \$15 \$15 \$15
<b>Newcomers' Orientation</b>	Whether you've already started taking classes or not, come and learn more about the Senior Center and all it has to offer. Learn about class registration, volunteer opportunities, clinic services, and more.		January 3	Th	10-11:30	FREE
<b>New Year's Black &amp; Gold Ball</b>	Celebrate the New Year with Jazz Express, a 19-piece big band (formerly the NORAD Band). Wear your finest black and gold attire and plan to dance and ring in 2019! Champagne to toast and a night to remember!		January 4	F	6-8	\$10
<b>Coffee with a Cop</b>	Enjoy a cup of joe while having a conversation led by Detective Szatkowski. Topics include scams, personal, holiday and senior safety.		January 10	Th	9:30-10:30	FREE
<b>Hat Day</b>	Do you have a favorite hat? Today is a special day to wear it and show your hat off to all of us at the center. Be sure to stop by the staff's offices to see their hats too. A prize will be awarded for the best hat!		January 18	F	All Day	FREE
<b>Tunes on Tuesday - Squeeze Play</b>	Dan and Kim Christian have established themselves among the premier accordionists in the world. They have excellent technique and mastery of the accordion and a unique ability to play together with exact precision. Enjoy their high energy performance!		January 22	T	1:30-2:30	FREE
<b>Music with Gus Meza</b>	Liven up your week with a musical concert! Gus is a favorite local musical talent who is also fun and funny. He sings golden era songs - Sinatra, Presley, Cash, with some Motown and Spanish love songs.	 Victoria Randazzo	January 28	M	1:30-2:30	\$3
<b>Living History- Buffalo Soldiers</b>	Several African American regiments were formed after the Civil War as part of the Union Army. Learn their history, the origin of their name, and their legacy today. Presented by our local Buffalo Soldiers troupe.		February 4	M	1:30-3	\$5
<b>Grandma's Kitchen Bake Sale</b>	'Tis the season for all of those lovey dovey feelings! All our baked goods are made with sugar and spice and everything nice just like Grandma made them! Come one, come all, everyone is more than welcome!		February 8	F	9-12	FREE
<b>Tunes on Tuesday - Frank Moore</b>	Let's welcome Frank Moore to the Senior Center! Frank has been performing locally since the early '70s in the style of John Denver and other leading folk artists. Original songs, sing-alongs, and comedy are an integral part of his performances!		February 12	T	1:30-2:30	FREE
<b>Voices of Grief</b>	A documentary film that shares a fresh perspective on the many ways we successfully navigate through grief. Wisdom from contemporary authors, grief experts and spiritual teachers is woven through personal stories of loss to explore the roles of community, compassion and connection in this sacred journey.		February 19	T	1:30-3:15	FREE
<b>Penrose-St. Francis Blood Drive</b>	All blood donated to Penrose-St. Francis Blood Bank stays right here in El Paso County! Each year more than 12,000 units of blood are needed to help those who need blood due to an accident, surgery or illness. When you donate blood, you are helping your neighbors, friends and family! Please sign up for a time slot to ensure we are prepared and well-equipped to accommodate all of the donors.		February 25	M	1-4	FREE
<b>"String &amp; Things" Dulcimer Group</b>	Enjoy a toe-tapping afternoon of Celtic, folk and patriotic music by "Strings & Things", an acoustic dulcimer group.		February 25	M	1:30-2:30	\$3

**Unless otherwise noted, please register for events, including FREE presentations.**

Class Name	Description	Sponsors	Date	Day	Time	Cost
<b>Mardi Gras Mix &amp; Mingle</b>	Would you like to rejuvenate your social life and find a friend to go to the movies, out to eat, or just for coffee? Enjoy drinks and appetizers while you get to know others looking for the same.		March 5	T	6-8pm	\$10
<b>Fire Engine 6</b>	Meet the team that responds to our needs! Our very own Fire Engine 6 will be here bringing their fire truck, great conversation and safety tips!		March 7	Th	10-11:30	FREE
<b>Newcomer's Orientation</b>	Whether you've already started taking classes or not, come and learn more about the Senior Center and all it has to offer. Learn about class registration, volunteer opportunities, clinic services, and more.		March 7	Th	1-2:30	FREE
<b>Campfire on the Patio</b>	Nothing beats an outdoor fire on a cool spring evening. Join us on the patio for a campfire with hot dogs, s'mores and good company. Come to share stories, play your guitar, and get to know other people. Invite your family or grandchildren!		March 13	W	5:30-6:30	\$3
<b>Shamrock Showdown</b>	We all have the luck of the Irish on St. Patrick's Day. Join us for an afternoon of fun—live music, refreshments, trivia, surprises and prizes!		March 15	F	1:30-3:30	\$5
<b>Living History - Franklin D. Roosevelt</b>	Step back to the 1930s and '40s and visit with the dynamic 32nd president, FDR. This memorable presentation features Richard Marold as FDR, speaking on the Great Depression, World War II, leadership, his relationship with Churchill, and other issues that shaped the first half of the 20th century		March 25	M	1:30-2:15	\$3
<b>Coffee with a Cop</b>	Enjoy a cup of joe while having a conversation led by Detective Szatkowski. Topics include scams, personal, holiday and senior safety.		March 27	W	9:30-10:30	FREE
<b>Affordable Housing Resources Fair</b>	Affordable housing is hard to find in Colorado Springs. Organizations that provide services and subsidies of all kinds will provide information on resources and housing options for seniors in our community.		April 5	F	1:30-3:30	FREE
<b>Ask a Lawyer Day</b>	Get your legal questions answered by a lawyer in a one-on-one setting. No personal injury cases. Presented by the El Paso County Bar Association.		April 6	Sa	9-1	
<b>Squeeze Play</b>	Dan and Kim Christian have established themselves among the the premier accordionists in the world. They have excellent technique and mastery of the accordion and a unique ability to play together with exact precision. Enjoy their high energy performance!		April 9	T	1:30-2:30	FREE
<b>Document Shredding Day</b>	Here is your chance to clean out and get organized! Fill a banker's sized box with old bank statements, tax returns, and other documents that should not be put in the trash. <b>The first box is free; any additional boxes are \$5 each. No registration required.</b>		April 10	W	11-12:30	FREE
<b>Can You Find the YMCA Bunny?</b>	During the week of April 15-19 we will hide a "Y Bunny" somewhere in the Senior Center, a different location every day. Be the first person to find the Y bunny and win a prize!		Apr.15-Apr. 19	ALL Week	8-5	FREE
<b>Spring Craft Notion Sale</b>	Do you spend your spare time crafting items for gifts or as a hobby? This sale is for you! Stock up on crafting supplies for \$5 per bag with as much as you can stuff! Funds raised will benefit the Senior Center.		Apr.18-Apr. 19	ThF	9-2	Fill A Bag

## Specialty Gardening Week

<b>Gardening - Healthy Soil</b>	Spring is the time to start thinking green, so join us and Pikes Peak Urban Gardens for Gardening Week! Come to one or all the workshops on different gardening topics. Submit any gardening questions during April in the box in the lobby. They will be answered during the Tuesday workshop.		April 23	T	1-3	\$8
<b>Gardening Week- Gardening Therapy</b>	Learn what gardening therapy is and how it affects the body, mind and spirit.		April 24	W	1-2:30	\$15
<b>Gardening Week - The Mobile Seed Library!</b>	The Mobile Seed Library is one of a kind! All the seed varieties are heirlooms and cannot be found in stores. Learn about the library's unique history, and you will have a chance to obtain seeds for your own garden!		April 25	Th	1-2:30	\$5

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