



Monday	Tuesday	Wednesday	Thursday	Friday
  <p>March 2019 Menu</p>			<p><i>Meals are partially funded by the Pikes Peak Area Agency on Aging</i></p>	<p>1 Beef Stew Buttermilk Biscuit Green Bean Salad Pineapple Orange Compote Peanut Butter Cookie Raisin Nut Cup Milk</p>
<p>4 Swedish Meatballs w/ Noodles Peas & Carrots Tossed Salad Orange Roll Milk</p>	<p>5 Beef Fajita w/ Peppers Onions, Cheese, Sour Cream & Salsa Tortillas Spanish Rice SW Black Beans Strawberries Milk</p>	<p>6 Garlic Herb Tilapia Brown & Wild Rice Broccoli Waldorf Salad High Fiber Cookie Yogurt Milk</p>	<p>7 Pulled Pork Sandwich Corn Salad w/Raspberry Vinaigrette Mango Chobani Drink Apple Sauce Milk</p>	<p>8 Manicotti Bahama Vegetables Sunflower Broccoli Salad Apple Raisin Nut Cup Milk</p>
<p>11 Sandy's Chicken Chile Tortilla Broccoli w/ Cheese Carrot Raisin Salad Diced Pears Chocolate Chip Cookie Milk</p>	<p>12 Chicken Pot Pie w/ Buttermilk Biscuit Lima Beans Tossed Salad w/Red Wine Vinaigrette Dressing Pear Cherry Cobbler Milk</p>	<p>13 Meatballs w/ Marinara Pasta Green Beans Breadstick Strawberries V8 juice Milk</p>	<p>14 Roast Turkey w/ Gravy Mashed Potatoes California Blend Vegetables Rotini Tomato Spinach Salad Apple WW M&M Cookie Milk</p>	<p>15 Breaded Fish Sandwich w/ Lettuce & Tomato Corn Coleslaw Diced Spiced Peaches Milk</p>
<p>18 Riblettes Baked Beans Potato Salad Pineapple Mandarin Orange Compote Roll Milk</p>	<p>19 Beef Tacos w/ Lettuce, Tomato, Cheese, Sour Cream & Salsa Black Beans Orange Sugar Cookie Milk</p>	<p>20 Chicken Teriyaki Brown Rice Peas Asian Cabbage Slaw Apple Milk</p>	<p>21 Bratwurst on Hoagie Roll Cabbage & Carrots Potato Leek Soup Spiced Peaches WW M&M Cookie Milk</p>	<p>22 Vege Burger w/ Lettuce, Tomato & Onion Corn Sunflower Broccoli Salad Banana Raisin Nut Cup Milk</p>
<p>25 Hamburger w/ Lettuce, Tomato & Onion Carrots Baked Beans Tropical Fruit Sugar Cookie Milk</p>	<p>26 Egg Salad on Croissant Tomato Basil Soup Tossed Vegetable Salad w/ Red Wine Vinaigrette Orange High Fiber Cookie Milk</p>	<p>27 Chicken Chow Mein Brown Rice Asian Vegetables Pear Chocolate Chip Cookie Raisin Nut Cup Milk</p>	<p>28 Slow Roasted Beef Mashed Potatoes Peas Peach Cobbler Banana Milk</p>	<p>29 Salmon w/ Lemon & Dill Brown Rice Pilaf Broccoli Apple WW Choc. Chip M&M Cookie Milk</p>

Menu substitutions may occur without notice. Diners are advised to keep a three-day supply of non-perishable foods and bottled water in the event of inclement weather or other emergency that may cause a temporary suspension of service