

**November 2017**  
**Golden Circle Nutrition**  
**Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Hamburger w/ Lettuce, Tomato &amp; Onion            Carrots            Colestlaw            Spiced Peaches            Milk</p>	<p>7 BBQ Chicken            Cream of Mushroom Soup            Potato Salad            3 Bean Salad            Apple            Milk</p>	<p>8 BLT Sandwich            Black Bean Lentil Soup            Italian Vegetable Salad            Coconut Crunch Fruit Salad            Milk</p>	<p>9 Chicken Fajitas w/ Pepper, Onion, Cheese, Sour Cream, Salsa            Tortillas            Spanish Rice            SW Black Beans            Strawberries            Milk</p>	<p>10 <b>Veterans Day-Closed</b></p>
<p>13 Glazed Ham            Roasted Sweet Potato            Italian Vegetables            High Fiber Cookie            Milk</p>	<p>14 Chicken Salad Croissant            Tomato Basil Bisque            Potato Chips            Broccoli Peanut Salad            Apple            Milk</p>	<p>15 Crab Cake            Broccoli Cheddar Rice            Green Beans Almandine            Oatmeal Raisin Cookie            Orange            Milk</p>	<p>16 Roast Turkey w/ Gravy            Mashed Potatoes            California Blend Vegetables            Cranberry Sauce            Banana            Pumpkin Pie            Milk</p>	<p>17 Ziti w/ Sausage &amp; Marinara            Italian Vegetable Blend            Caesar Salad            Banana            Milk</p>
<p>20 Beef Chili w/ Cheese            Baked Potato w/ Sour Cream            Tossed Salad w/ Dressing            Grape cup            Milk</p>	<p>21 Beef Tacos w/ Lettuce, Tomato, Cheese, Sour Cream &amp; Salsa            Black Beans            Applesauce            Yogurt            Milk</p>	<p>22 Pork Ribslets            Baked Beans            California Blend Vegetables            Potato Salad            Apple            Milk</p>	<p>23 <b>Thanksgiving-Closed</b></p>	<p>24 <b>Thanksgiving Holiday-Closed</b></p>
<p>27 Salmon w/ Lemon &amp; Dill            Butternut Squash Soup            Broccoli            Mushroom Risotto            Apple            Peanut Butter Cookie            Milk</p>	<p>28 Honey Roasted Curry Chicken            Brown Rice            French Cut Green Beans            Carrot Raisin Salad            Orange            Spice Cake            Milk</p>	<p>29 Beef Bourguignon            Mashed Potatoes            Squash Medley            Sunflower Broccoli Salad            Apple Fruit Cup            Oatmeal Raisin Cookie            Milk</p>	<p>30 Pork Loin w/ Mushroom Sauce            Baby Baker Potatoes            Brussel Sprouts            Pineapple            High Fiber Cookie            Milk</p>	<p>MEALS ARE PARTIALLY            FUNDED BY            THE PIKES PEAK AREA            AGENCY ON AGING</p>

**MAKE A RESERVATION BY CALLING 884-2304 BY 2:00 P.M. THE DAY BEFORE YOU WANT A MEAL. PLEASE MAKE SURE YOU STATE THE SITE LOCATION WHERE YOU WOULD LIKE TO DINE AND THE NUMBER OF MEALS YOU WOULD LIKE TO RESERVE.**

Menu substitutions may occur without notice. Diners are advised to keep a three-day supply of non-perishable foods and bottled water in the event of inclement weather or other emergency that may cause a temporary suspension of service.