

Briargate Family Center

FACILITY AGE GUIDELINES:

YMCA CHILD AND YOUTH POLICY: The YMCA is a family place, and children are a large part of our programming and facility. Children 6 weeks through 6 years old may be left in the Child Watch area while you are working out in the facility. If they are not in the Child Watch area they must remain with a parent or guardian at all times. Children 7 –10 must be accompanied to the facility by a parent or adult (over 18) and must be involved with their parent or in an active program. Children 11 and older are allowed to be in the facility without their parent, but the YMCA strongly recommends that they are actively involved in a program.

LOCKER ROOMS: The Briargate Family YMCA has three separate types of locker rooms.

Family/Special Needs Locker Rooms: These are intended for use by families or individuals needing extra help getting dressed/undressed. These lockers are ideal for a mother dressing her young sons (instead of bringing them into the girls locker room), or by an individual who might need help from their spouse.

Youth Locker Rooms: These locker rooms are to be used by children 15 years and younger. As part of our child abuse prevention program adults are not permitted in these locker rooms unless they are with their own children of the same sex, assisting them in getting dressed/undressed.

Adult Locker Rooms: These locker rooms are to be used by adults 16 years and older. Children 15 and younger are not permitted at any time in the adult locker rooms.

GUEST POLICY: Your first visit to the YMCA is free with a tour (18 years and older). Following the first visit, all guests must be accompanied by a YMCA member. YMCA family & adult members will receive four free guest passes and YMCA youth members will receive two free guest passes annually. Additional guest passes are available at the following rates: Youth – \$5/day Adult – \$15/day Family – \$20/day

All non-members ages 14 and older must provide photo ID to enter the facility.

Credit/Refund Policy: If the YMCA cancels a program you will be given a refund or a credit for the missed program. Credit must be obtained from the Program Director & used within one year of the issue date.

staff

Augie Mendoza

District Executive Director

Joe Driskell

Associate Executive Director

Kevin Meyer

Regional Sports Director

Janell Brown

Sr. Program Director

Doug Campbell

Facilities Director

Karstin Knutson

Business Operations Manager

Colleen Jones

Youth and Family Coordinator

Josh Speakman

Aquatic Coordinator

Facility Hours

Monday-Friday

5:00 am – 9:30 pm

Saturday

6:00 am – 8:00 pm

Sunday

12:00 pm – 6:00 pm

Child Watch Hours Effective August 10, 2009

Monday-Friday

8:00 am – 1:00 pm

4:00pm - 8:00pm

Kids Zone : 9am-12pm, 4-7:30 pm

Saturday

8:00 am – 12:00 pm

Kid Zone 8:00 - 12:00

Sunday - 1:00 – 3:30 pm

PROGRAM AGE GUIDELINES

POOL: Children under the age of 7 must be accompanied by a mature adult. If child is not a green band, adult must be in the water with the child and within arm's reach at all times. All swimmers under the age of 13 years must complete a swim assessment in order to participate in recreational swim at the YMCA pool. Upon completion of the swim assessment, the child will be given a color coded band that will designate their ability and where they are able to swim. This band must be worn at all times in the pool area.

STRENGTH & CONDITIONING CENTER: Youth ages 7 – 13 must go through a Parent/Youth Orientation before using the Wellness Center. After successfully completing the orientation, youth ages 7 – 13 will be allowed to use the equipment in the cardio room with their parent (s) **PRESENT AND ENGAGED** in the same activity and within arms reach. Kids 14 and above are allowed in either room without a parent. For safety reasons, youth 6 and under are not allowed in the Strength & Conditioning Center.

AEROBICS: Youth who are 11 – 14 years old may participate in aerobics classes with the supervision of an adult. Members 15 years and older are welcome to attend unsupervised. For safety reasons, please do not bring children who are younger than 11 into an aerobics class.

RACQUETBALL COURTS & GYMNASIUM: Youth 7 – 10 years old are welcome to use these areas with an adult present in the facility. Children 6 years old and younger are allowed to use these areas with an adult at their side.

TRACK: Youth age 15 years and older are allowed to use the track.

CORPORATE MEMBERSHIP

Corporate Membership is offered to businesses in the Pikes Peak Region that wish to provide a program that improves employee morale, retention, productivity and physical well being. The benefits include the *one time* waiving of your employees' joining fees and the development of wellness programs and events specific to your company's needs.

PAYMENT OPTIONS

Your monthly membership fees will be automatically withdrawn from the bank account of your choice, debit card or credit card on the 15th of the month. Changes to your draft must be given in writing by the 9th of the month.

PARTNERS CAMPAIGN

The YMCA offers I.B.R.S. (Income Based Rate Scale) which enables us to remain available to all, regardless of the ability to pay. Financial assistance is made possible thanks to the generous contributions of our Partners campaign—the YMCA's annual giving fund.

AWAY (Always Welcome at the YMCA)

As a member of the YMCA of the Pikes Peak Region, you may visit participating YMCA's when you are traveling outside your service area.



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PPYMCA.ORG